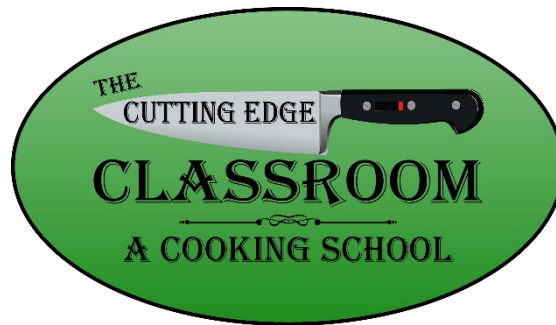


Class Date and Time: January 17<sup>th</sup>, 2021, 6PM-7:30PM Eastern

Contact Person/Company: Nate Wilson

Contact Phone Number: 254-317-0140

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## Re-Inventing Virtual Cooking Classes At The Cutting Edge Classroom Cooking School

### The Menu

**Gnocchi with Brown Butter Sage Sauce**

**Or**

**Marinara Sauce**

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## **Ingredient Shopping List**

Below is a list of ingredients you'll need to make the recipes in this packet. Please reach out for substitution suggestions.

### **Proteins**

- ✓ **2 tb prosciutto**
- ✓

### **Dairy**

- ✓ **2 Cup Parmesan cheese shredded**
- ✓ **3 lb Russet potatoes**

### **Produce**

- ✓ **10 Fresh sage leaves**
- ✓ **1 Head garlic**
- ✓ **1 Celery stalk**
- ✓ **1 Small onion**
- ✓ **1 Carrot large**
- ✓ **Fresh basil (Can use dried)**

### **Pantry Items**

- ✓ **Salt, black, and white pepper**
- ✓ **Nutmeg**
- ✓ **Flour**
- ✓ **Baking powder**
- ✓ **Olive oil**
- ✓ **Bay leaves**
- ✓ **Oregano**

### **Dry/Canned Goods**

- ✓ **30 oz crushed tomatoes**

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## **Equipment Needed**

**Below is a list of tools you'll need to make the recipes in this packet.**

### **Cutlery**

- Knife
- Cutting board

### **Hand Tools/Gadgets**

- Peeler
- Stirrer
- Wire whisk

### **Cookware**

- Sauce pan
- Saute pan
- Large pot with lid

### **Appliances**

- Oven
- Stove

### **Bakeware**

- Sheet pan

### **Other**

- Ricer or potato masher

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### **Pre-Class Mise en Place and Notes**

- Please gather all ingredients prior to class if you will be cooking along
- It is helpful to organize the ingredients by recipe on rimmed baking sheets if possible
- Please pre-measure ingredients
- Please have water in a large pot for gnocchi
- Have potatoes cooked and stored warm
- We encourage you to prep all your ingredients and cut all vegetables, fruits, and proteins before class as it will allow you to have more time to listen and watch the instructor

### **Notes:**

- At the end of this class you will have a generous amount of gnocchi
- Storing or freezing: You can freeze cut gnocchi and then cook in boiling water from frozen. Freeze on a sheet tray and then store in a zip lock bag.

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### **Gnocchi with Prosciutto and Sage Brown Butter Sauce**

Yield: 12 Servings

#### **Ingredients**

- 3 pounds (about 4) baking potatoes, like russets
- 1 1/2 teaspoon salt
- 3/4 teaspoon baking powder
- 2 eggs
- ¼ tsp white pepper
- ¼ tsp nutmeg
- 2 cups all-purpose flour

#### **Directions**

1. Pierce the potatoes several times so that moisture can escape during baking. Bake the potatoes in a preheated 400 degrees F oven for 1 hour until fork tender. Peel the potatoes while they are still hot and press them through a potato ricer. Put the potatoes in a large bowl with salt, baking powder, nutmeg, pepper, and eggs. Add the flour a little at a time and mix with your hands until the mixture forms a rough dough. Do not over-work the dough. Transfer the dough to a lightly floured surface. Gently knead the dough for 1 or 2 minutes until smooth, adding a little bit more flour, if necessary, to keep it from sticking.
2. Break off a piece of the dough and roll it back and forth into a rope, about the thickness of your index finger. Cut the rope into 1-inc.h pieces. Gently roll each piece down a wooden gnocchi board while pressing a small dimple with your finger. The gnocchi should be slightly curved and marked with ridges. This will allow the pillows to hold sauce when served.
3. Boil the gnocchi in batches in plenty of salted water. The gnocchi are done about 2 minutes after they float to the surface, remove with a slotted spoon, and serve. If not cooking immediately, place the gnocchi in a single layer on a baking pan dusted with flour. Cover with plastic wrap and refrigerate for up to 12 hours.
4. Note: If the gnocchi start to feather and fall apart in boiling water, you need more flour. If the gnocchi don't float after 2 minutes and are hard, you used too much flour.

### **Brown butter sauce**

#### **Ingredients**

- 4 tablespoons unsalted butter
- 10 small sage leaves
- 2 Clove minced garlic
- 2 Tbsp prosciutto minced
- ¼ cup Parmigiano-Reggiano cheese
- 1 tsp Freshly ground pepper
- 1 recipe prepared gnocchi

#### **How to Make It**

- In a medium skillet, cook the butter with the sage and garlic until the butter is fragrant and nutty, about 3 minutes.
- Add the prosciutto.

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- Add the simmered gnocchi and cook for 1 minute. Sprinkle the gnocchi with grated Parmigiano-Reggiano cheese and freshly ground pepper.

Alternate sauce:

### **Chef John's Marinara Sauce**

Ingredients

- 1/4 cup extra-virgin olive oil
- 1/2 small onion, finely minced
- 2 garlic clove, finely minced
- 1 celery stalk, finely minced
- 1 carrot, peeled and finely minced
- 1/2 teaspoon sea salt
- 1/2 teaspoon freshly ground black pepper
- 2 each 15 oz cans crushed tomatoes
- 1 dried bay leaves
- 1/2 tbsp Basil
- 1/2 tsp oregano

Directions:

1. In a pot heat the oil over a medium-high flame.
2. Add the onions and garlic and saute until the onions are translucent.
3. Add the celery, carrots, and 1/2 teaspoon each of salt and pepper.
4. Saute until all the vegetables are soft, about 10 minutes.
5. Add the tomatoes, bay leaves, oregano, and basil and simmer uncovered over low heat until the sauce thickens, about 1 hour. Remove and discard the bay leaves. Season the sauce with more salt and pepper, to taste.

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